

Janee Swan

Somatic Therapy

Ethics

My ethics are based on values, principles and personal moral qualities that underpin and inform the interpretation and application of commitment to clients and Good practice.

Values

My fundamental values include a commitment to:

Respecting human rights and dignity

Alleviating symptoms of personal distress and suffering

Enhancing people's wellbeing and capabilities

Improving the quality of relationships between people

Increasing personal resilience and effectiveness

Facilitating a sense of self that is meaningful to the person(s) concerned within their personal and cultural context

Appreciating the variety of human experience and culture

Protecting the safety of clients

Ensuring the integrity of practitioner-client relationships

Enhancing the quality of professional knowledge and its application

Striving for the fair and adequate provision of services.

Values inform principles. They become more precisely defined and action-orientated when expressed as a principle.

Principles

My core principles are:

- Being trustworthy: honouring the trust placed in me.
- Autonomy: respect for the client's right to be self-governing.
- Beneficence: a commitment to promoting the client's wellbeing.
- Non-maleficence: a commitment to avoiding harm to the client.
- Justice: the fair and impartial treatment of all clients and the provision of adequate services.
- Self-respect: fostering self-knowledge, integrity and care for self.